



European Centre of
Adventure Training

Adventure- Based Team- Building for Corporations



European Centre of Adventure Training
www.ecat-edu.com
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Presented to

Cambridge

Presented by

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MOUNTAIN CHALLENGE: SYSTEMS LEADERSHIP TEAM- BUILDING EXPERIENCE

Program Overview

- Experience systems leadership through an immersive mountain rescue simulation.
- Teams navigate complex scenarios that demonstrate how decisions ripple through organizations, while developing trust, communication, and collaborative problem-solving abilities.
- This carefully designed teambuilding event reveals how individual actions create system-wide impacts, a powerful metaphor for organizational challenges.

Duration: 4 hours (morning or afternoon)

Locations: Garmisch-Partenkirchen, Germany
Villars-sur-Ollon, Switzerland

Group Size: 12-36 participants (contact us to
accommodate other group sizes)

Cost: 12 to 16 participants: 1440€
17-24 participants: an additional 85€/person
25-36 participants: an additional 80€/person
(pricing does not include sales tax)

- 20% discount available until Oct. 31, 2025 -

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Activity Description

Participants are divided into four specialized teams working together to complete a complex mountain rescue:

1. *Rescue Operations Management*: Coordinates all teams and resources
2. *Supply Team*: Controls and distributes essential equipment
3. *Rescue Team*: Executes technical rescue operations
4. *Support Team*: Manages logistics and transportation

As the scenario unfolds, teams face unexpected challenges requiring quick adaptation and clear communication. The exercise demonstrates how decisions in one area affect the entire operation, creating a powerful parallel to organizational dynamics.

Through this immersive experience, participants discover how their actions and decisions create ripple effects throughout the system, leading to insights about organizational behaviour, leadership, and effective team collaboration.

Check out the [LinkedIn Article here](#) with ECAT leading this activity with the Villars Institute in Switzerland



Program Overview

Program Structure:

- Welcome and safety briefing (30 min)
- Technical skills introduction (30 min)
- Rescue simulation activity (2 hours)
- Systems leadership debrief (1 hour)

Experience Includes:

- Expert facilitation by leadership & mountain professionals
- All technical equipment
- Structured systems leadership debrief

Systems Leadership Outcomes:

- Experience how decisions ripple through interconnected teams
- Develop comfort with uncertainty and ambiguity
- Practice adaptive problem-solving
- Build collaborative decision-making skills
- Strengthen system-wide communication
- Understand feedback loops and consequences
- Learn and leave with a debrief tool

If you think
adventure is
dangerous, try
routine. It's
lethal.

~Paulo Coelho



Optional Add-ons (Custom Quoted):

- Extended hiking component
- Mountain hut overnight experience
- Multiple activity combinations
- Transportation services
- Lunch/dinner in a mountain restaurant

Ideal For:

- Executive teams
- Cross-functional departments
- Project teams
- Leadership development
- Organizational change initiatives
- Strategy implementation groups

Why Choose This Experience:

- Unique blend of adventure and systems thinking
- Professional leadership experts & mountain guides with corporate facilitation expertise
- Proven systems leadership methodology
- Spectacular Alpine setting
- Convenient locations near Garmisch-Partenkirchen/Germany and Villars-sur-Ollon/Switzerland





CONTACT

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